

# WIN ATHLETICS

JEWELS ELITE INFO PACKET



*Competition Program Packet & Handbook*

WIN ATHLETICS | [www.winathlsp.com](http://www.winathlsp.com)

Dear Prospective Jewels Elite Members and Parents,

Congratulations on choosing Win Athletics Competitive Cheer Program! Whether you are returning or new, we are excited that you have decided to join us for the 2021-2022 competitive season. It is our goal to build skill and character with all of our athletes while enjoying a fun and memorable experience that will last a lifetime. We invite you to add to our great family dynamic with your involvement as an athlete, parent and supporter.

As I am sure you know or heard, the Jewels Elite Cheer Program is one to watch as we have so many wonderful things on the way for you to stay tuned into. We are 100% invested in making sure our athletes become the best in not only their respective sports but as members of society and future leaders/influencers of our communities. Our mission is to not only inspire the youth but provide an enriching experience that exposes them to opportunities outside their neighborhoods they may otherwise not know or have.

It is our sincere intention to make every athlete and family feel welcomed and valued in our program. The passion, quality and customer service is what sets us apart from others and hope this is evident in the time you spend with us. We truly value our families and know firsthand that communication is essential for any program as we will always make sure you are well informed. I encourage you to explore and look around the website to read over all parent packets, articles and handbooks as this will help to acquaint you with specific information that pertains to the Jewels Elite team. We look forward to another awesome season and the opportunity to work with you and your family.

Thank you again and welcome to the Win Athletics Elite Cheer program!!

Cheerfully Yours,

***Danyeale (Win)ston***

Director & Head Coach

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## WELCOME TO THE JEWELS ELITE TEAM

We are excited about you joining our Elite team. As a Jewels Elite team member, you will have opportunities to compete locally and nationally as well as perform for sports events, parades, promotional work and showcases. Participating on an Elite team may increase one's chance of placement on a high school squad or obtaining college scholarships by exposing cheerleaders and dancers to the advanced skills sought by these programs.

We want this to be an exciting and unforgettable experience for you and your athlete. We will provide a structured, safe and healthy environment for your child. In return, we expect your athlete to take the program seriously and work hard as a Jewels Elite team member. We expect each family to represent our brand in a positive manner. Our goal is to reach the maximum potential of each individual athlete.

Both parents and athletes alike have a responsibility to the cheer program. Dependability, communication and team commitment are vital to making this season a success. Elite cheer should be top priority as it requires a strong commitment. Please take note of all policies before evaluation and/or try-outs for other winter or spring sports.

### EXPECTATIONS

We value the business partnerships we have with our facilities and expect all athletes and families to help take care of our gym locations. Food and drink is allowed for team members only inside the facility unless otherwise instructed. Please always clean up after yourselves inside and outside the facility to help keep our gym locations, maintain a good rapport and working relationships with our partners.

Siblings and parents are not allowed in the practice area. Please do not drop your Jewel off extremely early for practice or make a habit of picking them up extremely late. We do not offer babysitting and when not under our direct supervision, we cannot be responsible for your child.

We ask that team parents help to set the example by remaining outside of the practice area. If needed the viewing area may be closed at any time at the coaching staff's discretion. All Sunday practices will be closed. Inappropriate conduct or comments from a parent or child may affect their child's position on a Jewels Elite team.

### TEAM EVALUATIONS

**Please wear Jewel paraphernalia or black shorts, black top and a bow for evaluations. Once you have completed your placement assessment you are free to leave the gym. Parents will not be allowed to watch try- outs.**

All squad decisions will be made by the Win Athletics coaches and/or judges. We will select teams to be the most competitive within their division. This requires us to look for a certain number of bases and flyers for each team. Tumbling is less than 25% of the scoresheet at competitions. We will place cheerleaders on teams based on their overall abilities and where we feel they will be most successful. Keep in mind that one or two individual skills will not dictate the level for an athlete. Also note that the levels dictate the ability range, not the age group. It is our goal to place EVERY athlete on a Jewels Elite team.

## **TEAM PLACEMENTS**

Athletes will be placed on a team at the discretion of the coach based on their ability and what is needed on each team. It is very important to understand that technique and execution of a skill go into team placements. It is also important to understand stunting requirements for each level. It is not important to “land” a skill, but to execute it while landing it repeatedly over and over. Athletes must also provide strong technical stunting skills at the required level mostly importantly, if applicable.

Coaches reserve the right to move a child to a different team during the season if the child’s skills do not mirror that of his or her peers on the team. A child may be dismissed or placed in an alternate position if the skills are not where he or she should be or can be used on the team. A child may be moved to a different team during the season depending on what is needed by that team (i.e. base, flyer, tumbler), or if their skills have not progressed during the season. We may merge teams, change team levels or delete a team during the season. We will exhaust every possibility before deleting a team.

If you have a question or concern about what level your child is at or should be, please go to our skills chart for tumbling requirements and/or speak with the Head Coach. If you are unsure of what stunting level your child may be please speak with your coach.

### **REQUIREMENTS:**

- Parent Orientation & Packet
- Complete and sign all forms
- Copy of Athlete’s Birth Certificate or State ID
- Copy of Medical Insurance Information Or Card

## **CODE OF CONDUCT**

Win Athletics prides itself on good sportsmanship and character. Certain standards and expectations are necessary for the integrity and solid reputation of our brand and teams. Athletes should always be leaders and set a good example at all times. We expect all athletes to have great sportsmanship, maintain professionalism above reproach and to exhibit personal appearance and habits that will reflect a positive image.

Appropriate behaviors and positive representation of Win Athletics are expected at all times on premises and at all Jewel events. Parents will be held to a high regard and expect to uphold the same standards. Athletes can be removed due to parents actions. There is no place for negativity or drama on our team. Insubordination or inappropriate conduct or comments from a parent or child may affect their child’s position on a Jewels Elite team.

Any athlete with continued behavioral problems will be removed from the team and all monies will be forfeited. Any violation of the code of conduct may result in dismissal from the team for the remainder of the season without refund.

## **REGISTRATION**

All forms, registration and associated fee must be completed and signed prior to your athlete’s official first day of practice. All member accounts where applicable must be set-up and accepted as well prior to the start of the season. This liability release allows coaches and team representatives to obtain medical attention for your child

should the parent/guardian not be present. Please make sure you can meet all financial obligations prior to joining the Win Athletics team.

## **FEES & TEAM EXPENSES**

Here at Win Athletics there are no hidden fees. Elite team tuition includes all registration fees, gym fees, choreography and music. Payment of tuition can be made weekly or monthly. Tuition does not include the uniform packages, and are separate from tuition. A breakdown of fees will be given after evaluation once team selections are made.

Our cheer uniform package items include the following:

- Uniform
- Warm-up
- Competition Bow
- Cheer Shoe
- Ankle Socks
- Top & Bottom (Practice Wear)
- Cheer Bag (Optional)
- Other Cheer Items (may be included in package cost):
  - Sports Bra & Shorts
  - Matching Long Socks
  - Hoodie

Other expenses for the team include travel and banquets fees. The travel fee covers your athletes hotel and transportation cost. Banquets are standard to the program and include the cost of the venue, trophy, and gift for each athlete and coaches appreciation.

## **PAYMENTS**

Payments of elite team fees are due by or on their deadline date. Failure to make payments by or on due dates may result in dismissal from the team. You will have up to 7 days after the deadline to make a payment. Preferred payments can also be made directly through our website. We also accept cash, cashapp, money order, credit or debit forms of payment. Please review payment schedule and calendar for dates and detailed information.

Anyone with an outstanding balance risk being removed from the team. Athletes will be dismissed from the program if fees become delinquent. If you have any questions about your account, feel free to contact the office, 404-484-8537. ACCOUNTS MUST STAY CURRENT. Anyone with a past due balance will be removed from the team.

Athletes may not be able to try out the following year if he/she owes a remaining balance. Any and all past due fees will be turned over to collections at the end o the competition season. Any returned checks or late payments will be assessed with a charge of \$25 per occurrence.

## **UNIFORM/ATTIRE**

Practice wear, uniform, and warmups will be ordered for the athletes at the start of the season. Once it arrives, athletes will be expected to wear the designated clothing items to their assigned practice and competitions.

Uniform attire or team paraphernalia will be worn during the season and at all competitions to show unity. Practicewear is separate from the uniform nor includes shoes, uniform, competition bow, or backpack. Those are billed separately. Athletes are required to supply their own solid black sports bra and black shorts.

## **REFUNDS**

There are NO REFUNDS! If you quit the team at any time during the season or dismissed from the team, 100% of all monies paid or credited to your account will be forfeited. Any outstanding or posted balances up to the date of dismissal will be collected and is responsibility of the parent, and/or guardian as agreed Any outstanding balance not collected will be turned over to a collection agency.

## **FUNDRAISING**

Sponsorship and fundraising opportunities will be available throughout the season and are OPTIONAL. All proceeds raised during the fundraisers will go towards the fundraiser participants only who will receive credit applied to individual account balances or items. Information on the sponsorship letter and fundraisers can be found online under both the fundraiser and events page. Contact us for more information.

## **ATTENDANCE POLICY**

**ALL ABSENCES must be cleared by your coach via text or e-mail in advance.** Please do not assume an absence is excused until you have heard back from your coach. Please be sure to get into contact and speak directly with coaching staff about any absences or lateness. Excused absences include contagious sickness with a doctor's note, vacation plans cleared two months in advance, mandatory school events for grade and family emergencies. Please do not abuse or use "family emergencies" as an excuse for situations that are not extreme or dire pertaining to your immediate family. Nor should withholding a child from practice be used as a form of punishment.

Athletes are expected to handle school and practice; therefore, homework is not an excuse for missing practice. For the sake of the team, any member absent for any reason two weeks before or the week of may be removed from the routine for that competition. Excessive absences and/or tardiness may result in dismissal from the team for the remainder of the season without refund. Tardiness hinders the squad's ability to fully max out and utilize all practice time.

All athletes must be picked in a timely manner at the conclusion of all practices, performance and competitions. Please be sure to work out and communicate all transportation issues or concerns prior to scheduled events directly to coaching staff. Any member who is repeatedly picked-up late may be disqualified from the competition team or dismissed for the season.

This it is a team sport and as such requires equal commitment of all participants. Although we do understand that things may happen, excused absences are at the discretion of the Director and Coaching Staff. When one person is absent it directly affects the entire team. As a result, our attendance policy is necessary and will be enforced. Failure to adhere to this policy will affect your child's position on the team.

## **PRACTICE**

Jewels Elite team members are expected to attend all practices. Practices are a necessity and mandatory. Cheer team members will practice with their squads (2) times per week and attend a regular tumbling class according to their skill level. Normal practice times include one weeknight and a Sunday practice.

Additional practices may be added at the coach's discretion and/or as needed. The practice schedule is usually the heaviest at the start of the season and before the teams first competition. The practice schedule will become shorter towards the end of the season or may pick back up before Nationals if any changes are needed. All practices are mandatory to allow the athletes to bond, coaches to formulate stunt groups, finalize the routines, and for the teams to progress in skill and preparation for the upcoming season.

All calendar of events will be posted in all private Jewel Team Member accounts. Additional practices may be scheduled in case of emergency or need at the discretion of the coach. If an athlete misses practice the week of a competition, he/she will be cut unless the absence excused and an alternate crossover athlete may be used. If an athlete misses a competition for any reason, he/she may be dismissed from the team.

**Assigned practice clothes must be worn at all practices.** Extra practice attire will be available for purchase through our Pro-shop. Please contact us in the event something is lost or if you would prefer to have extra apparel. White cheer shoes must be worn at every practice and performance unless otherwise noted. Hair must be up with a practice bow and away from the face. Jewelry and long fingernails are strictly prohibited.

If you cannot attend a practice it must be personally pre-approved by the Director. If you will be late, out sick, etc.; you must contact your coach. If you are continually late, missing numerous practices, or injured long-term, you may be dismissed from the team. If you are absent during the week of a competition, you may be replaced with an alternate crossover athlete. Homework is not an excused absence. Studying for a test is not an excused absence. Concerts, birthdays, anniversaries, school breaks, school or family trips are not excused absences.

School trips that are not documented for a grade are not excused absences. Outside sports conflicts are not excused absences. If you are receiving a grade on a school activity you must fill out the absence form, located in this packet. Absences due to graded events will be approved. The coaches will do everything in their power to work around graded conflicts by moving practice, but it is not promised. Make-up practice may be called if it is in the best interest for the team as a whole and at the discretion of the coaches.

If you are on a varsity cheer team it is important that you bring a copy of your scheduled practices, events, and coach's information to your coaches. They will attempt to work around any conflicts the best they can. We cannot guarantee that every conflict will be solved. We will not work around sideline cheer conflicts, middle/JV, basketball cheer, or other outside recreational sports. Please take note of this policy before trying out for winter or spring sports. Elite cheer is a very timely commitment and should be your first priority.

## **SAFETY**

Safety is the number one priority of this program. Unsafe behavior including playing unless otherwise allowed is strictly forbidden. If at any time the coaching staff feels an individual's behavior is jeopardizing the squad, your athlete will be warned, and may be suspended or removed that individual from the squad. Only enrolled athletes are allowed in the gym area.

## **COMPETITIONS**

Athletes are required to attend all competitions. It is at the discretion of the coaches to choose competitions they see as the best for the team. There is a possibility that a competition may be added or cancelled during the season for any reason and at coaching staff's discretion. If an athlete misses practice the week of a competition, an alternate crossover athlete may be used. If an athlete misses a competition for any reason, he/she may be dismissed from the team. The coaching staff will always keep you informed of all competitions scheduled, updates and/or changes when applicable.

## **SOCIAL MEDIA**

Be sure to subscribe to all social media accounts to stay connected and follow for team exclusives, updates and journey. We encourage social media that represents the Win Athletics brand, program and its members in a positive manner. Improper use of social media may be grounds for dismissal from a team without refund. Win Athletics athletes, parents, family members and coaches should not:

- Post or share any Win Athletic Jewels videos (other than on private team accounts and pages) on any social media platforms until the season is complete.
- Use the Win Athletics name, mottos, hashtags and/or logos in any way that would result in negativity
- Post any pictures of yourself or others, in a Jewel uniform or attire acting in a negative manner that would discredit Win Athletics branding..
- Claim to be an official or unofficial platform of the Win Athletics organization or any of our teams.
- Post or share any content that is abusive, harassing, demeaning, threatening, defamatory or bullying.
- Post or share any content that includes insulting, obscene, offensive, provocative or hateful language.

## **COVID POLICY**

With the contagious nature of COVID-19, all parents and athletes fully understand all information about person-to-person contact risk, possible methods of transfer (breath, physical contact, contact with stable surfaces), and voluntarily and knowingly assume the risk of exposure to the COVID-19 infection in using our services or premises. Such exposure or infection may result in personal injury, illness, permanent disability, or death.

If in the event that an athlete or close relative in the household has tested positive or been exposed to the virus, please let the director know as soon as possible. The athlete will be placed on medical leave from the program to quarantine for 10 days and must produce proof of negative test results before athlete can resume participation. However, depending on the exposure percentage of said member's contact to the team, it may become necessary to offer voluntary testing and/or quarantine for the safety and health of all participants. Unfortunately, should the team have to quarantine and/or miss a scheduled competition due to an unforeseen circumstance such as COVID-19, all monies will be forfeited. It is our sincere hope that everyone does their part outside of the program to decrease the risk of exposure to the team and commitment to actions that minimize the risk to you and others.



TUMBLING SKILL CHART				
LEVEL	STANDING REQUIRED	STANDING ELITE	RUNNING REQUIRED	RUNNING ELITE
1	Forward Roll Backwards Roll Back Bridge Bridge Kickover	Handstand Front Walkover (FWO) Back Walkover (BWO) Valdez Switch Leg Walkover Series Back Walkover	Cartwheel Round-off	Cartwheel Walkover Round-off Walkover
2	Back handspring (BHS)	Back Walkover BHS T-Jump BHS BHS – T-Jump – BHS BHS – Walkover - BHS	Round-off BHS	FWO – Round-off – BHS Round-off BHS series
3	Standing 3 BHS Toe Touch BHS	BHS – Toe Touch - BHS	Round-off BHS Tuck Round-off Tuck	FWO Round-off – BWO – Tuck Punch Front Aerial (Above skills through to Round-off BHS Tuck)
4	Standing Tuck Standing BHS Tuck	Toe Touch BHS Tuck	Round-off BHS Layout	Punch Front Stepout Round-off BHS – Layout Roundoff – Whip – BHS – Layout Roundoff BHS – Whip – Punch - Layout
5	Jump Tuck Combo 2 BHS to layout	2 BHS – Whip – 2 BHS – Layout 2 BHS – Whip – Punch – Layout Jump – BHS Layout	Round-off BHS Full	(Running Combos Using Above Skills through to Full)

ATHLETE PROFILE SHEET

FIRST NAME: \_\_\_\_\_

LAST NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ D. O. B: \_\_\_\_/\_\_\_\_/\_\_\_\_\_

SIZE (Circle):

TOP: YXS YS YM YL YXL S M L XL

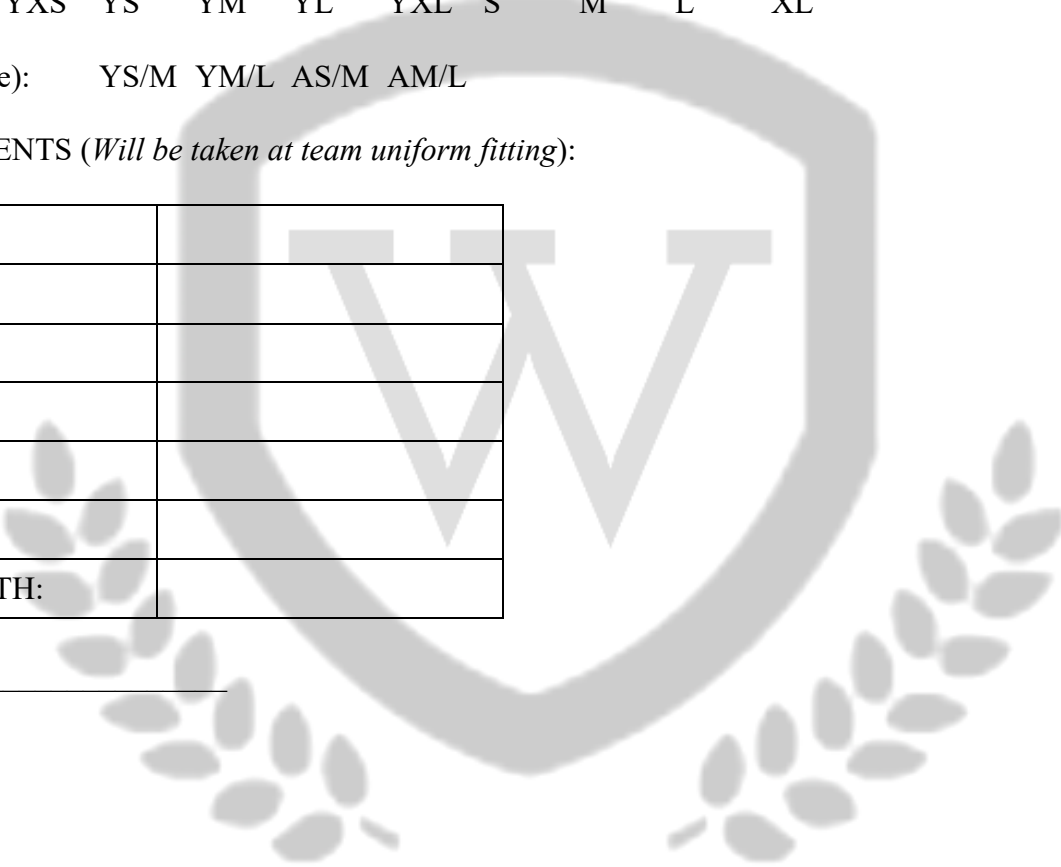
BOTTOM: YXS YS YM YL YXL S M L XL

SOCKS (Circle): YS/M YM/L AS/M AM/L

MEASUREMENTS (*Will be taken at team uniform fitting*):

BUST:	
WAIST:	
HIPS:	
WAIST:	
GIRTH:	
INSEAM:	
ARM LENGTH:	

SHOE SIZE: \_\_\_\_\_



## JEWELS ELITE 21-22 CALENDAR



DECEMBER 18 <sup>TH</sup> -19 <sup>TH</sup>	TEAM EVALUATIONS
DEC. 20 <sup>TH</sup> - JAN. 3 <sup>RD</sup>	WINTER BREAK*
JANUARY 4 <sup>TH</sup>	1 <sup>ST</sup> DAY OF 2 <sup>ND</sup> SEMESTER*
JANUARY 8 <sup>TH</sup> -9 <sup>TH</sup>	1 <sup>ST</sup> OFFICIAL TEAM PRACTICE/ LOCKIN
JANUARY 17 <sup>TH</sup>	MLK DAY**
FEBRUARY 13 <sup>TH</sup>	NO PRACTICE
FEBRUARY 18 <sup>TH</sup> -21 <sup>ST</sup>	FEBRUARY BREAK*
FEBRUARY 20 <sup>TH</sup>	MANDATORY PRACTICE
FEBRUARY 21 <sup>ST</sup>	PRESIDENT'S DAY**
MARCH 17 <sup>TH</sup>	ST. PATRICK'S DAY**
APRIL 4 <sup>TH</sup> -8 <sup>TH</sup>	SPRING BREAK*
APRIL 10 <sup>TH</sup>	MANDATORY PRACTICE
APRIL 17 <sup>TH</sup>	EASTER** (NO PRACTICE)
MAY 8 <sup>TH</sup>	MOTHER'S DAY** (NO PRACTICE)

*\*DATES BASED OFF OF DEKALB COUNTY SCHOOL'S CALENDAR*

*\*\*NATIONAL HOLIDAY'S*